



WHAT TO LOOK FOR IN A MEMORY CARE COMMUNITY

Use our checklist to help you determine if the community you're looking at is a good fit for your loved one.

RESIDENT CARE

- Does each resident have a formal, written care plan?
- In addition to ADLs (feeding, toileting, dressing, bathing, walking, and transferring), what care does the community offer?
- At what point can the community no longer care for a resident?
- How regularly do they complete health assessments? What do they involve?

COMMUNITY

- Do they exclusively offer memory care?
- How is the memory care area laid out?
- Are resident's rooms private?
- How easy are residents' rooms to find?
- What are the physical security measures in place?
- How wheelchair-friendly is the community?

SAFETY

- Do the residents have any safety devices, such as a pendant?
- Are the floors non-slip?
- How often are staff checks completed during the night?
- How well lit are the common areas?

COMFORT

- Are the doors labeled clearly for residents to understand?
- How are the colors of the community? Are they comforting and peaceful?
- Is the community pleasant and clean?
- What is the furniture like in the common areas?

LIFE ENRICHMENT

- Do residents enjoy the food?
- Do they accommodate dietary restrictions or personal preference?
- What activities do they do to support the other areas of wellness?
- Does the community utilize pet therapy?
- What do they do to encourage residents to do things they love?
- How often are exercise classes offered?
- What activities happen on a monthly basis?

TEAM MEMBERS

- What kind of specialized training do team members have?
- How does the staff interact with residents?
- Is there an RN, LVN, or CAN on staff?
- How do they deal with a resident's challenging behavior – like aggression or mood swings?

Learn more about Fieldstone Memory Care online:
[fieldstonecommunities.org](https://www.fieldstonecommunities.org)